



POST-OPERATIVE RESTRICTIONS AND EXPECTATIONS

DAY ONE:

- You will need a friend or family member to drive the day of surgery and to the first post-operative appointment. You will remain dilated for up to 24 hours after your surgery. **Please be advised you MUST have someone stay with you for the first 24 hours after surgery.** You will be advised by your surgeon as to when you will be able to drive.
- You may experience a foreign body sensation, blurred vision, halos, redness, mild discharge, and/or a red hue in your vision. This is normal following eye surgery.

7-10 DAYS AFTER SURGERY:

- You will be at our office 1 week after your surgery. This will be a DILATED EYE EXAM with one of our optometrists. If you typically have trouble driving after your eyes have been dilated, then you should arrange for a driver.
- Avoid the following for one week after surgery:
 - No gardening or lawn work
 - No eye make up
 - No swimming or hot tubs
 - No dusty or dirty environments
 - No lifting over 30 pounds
 - No nasal sprays

ONE MONTH AFTER SURGERY:

- You will be given a new eyeglass prescription at this appointment. Until you receive this, you may want to remove the lens from your glasses and replace it with a clear lens. You may also use over the counter reading glasses until your final prescription is given to you.

You can reach the surgery center at 410-571-9881 Monday through Thursday from 8:00am to 4:00pm and Friday from 8:00am to 2:00pm, if you have any questions or concerns.